

Preparing to Travel

Before you travel, complete the following:

- Find the name and contact number for a clinician that sees laryngectomees in the area you are visiting, and bring this information with you when you travel. Contact Atos Medical for assistance as needed.

Name _____	The make, model, size and reference number of your voice prosthesis (VP)
Facility _____	(ex.: Provox® Vega™ 22.5 Fr, 8mm, REF#8132)
Contact Information _____	Make, model: _____
Also bring your regular clinician's name and contact information and your ENT's name and contact information.	Size: _____ Fr _____ mm, REF# _____

- Bring a back-up voice prosthesis of your current size and type.
- Get a prescription from your physician so you can see another clinician in case of emergency while you are traveling.
- If you are traveling outside the country, contact Atos Medical. Atos is represented in many countries around the world and may be able to assist you in locating healthcare professionals throughout your travel. Purchasing travel insurance that covers medical expenses is also advised.
- A letter from your doctor may be needed to bring special medical equipment (i.e. suction, moist air, oxygen) through airport security.
- Bring Atos Medical CareTips sheet "Topic 10: What to Do if Your VP Falls Out."

Suggested supplies to pack:

Mirror	Provox® HMEs/Adhesives	Electrolarynx and spare batteries
Tweezers	Provox® Luna®	Flashlight
Hand sanitizer	Provox® Micron HME™	Saline bullets
Pen and paper	Provox® Skin Barrier	Cotton-tip applicators (for external use only)
Emergency card* and/or medical bracelet*	Provox® Adhesive Remover	
	Provox® Cleaning Towel	

*Indicating you are a neck breather (in local language if traveling abroad)

Items to care for your voice prosthesis:

Provox® Brush	Provox® Flush	Provox® Plug*
Water soluble lubricant		

*There is a Provox Plug available for Provox® Vega™, Provox® ActiValve®, Provox®2 and Provox® NiD.