Atos Care

Supplies
1. New dressing
2. Skin care supplies

1

Perform hand hygiene.

2

Remove new dressing from packaging and set aside.

3

Secure neck flange while slowly removing the old dressing, one side at a time.

4

Inspect skin and stoma for signs of infection, irritation, and skin breakdown.

5

Perform skin and stoma care. Wipe skin around stoma and under the neck flange using e.g. Tracoe Cleaning Cloth. Allow skin to dry.

6

Place new dressing between the neck flange and skin with the slit on the dressing facing toward your chin. Discard the old dressing.

Scan the QR code to watch the instructions as a video

How to Change a Dressing

Atos Care

Tip #1

Dressings should be changed regularly and as needed such as whenever the dressing becomes soiled, wet, visibly dirty, or after cleaning.

Tip #2

Inspect the condition of the skin under the dressing during changes for signs of infection, irritation, and skin breakdown. Report any findings to your healthcare provider who can discuss which dressing options are best suited for your skin care needs.

Tip #3

In certain situations such as excess secretions or skin irritation, it may be helpful to apply a film forming barrier such as Provox Skin Barrier which provides a protective layer between the skin and dressing. Apply Provox Skin Barrier after cleaning the skin and before applying new dressing.

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