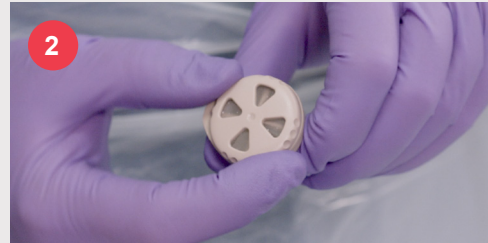


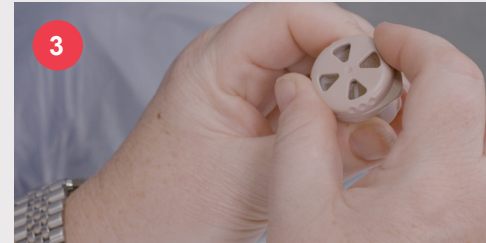
Freevent DualCare consists of two parts that are assembled together, a one-way speaking valve and an HME, providing patients the ability to voice along with the benefits of an HME. The switch between the speaking mode and HME mode is done with a simple twist of the lid.



1 Attach the Heat and Moisture Exchanger (HME) to the one-way valve.



2 Before using the valve, check its function by twisting it left and right to ensure it operates correctly.



3 Give the device to the patient to confirm they can easily twist it between HME and speaking modes. Set the device to HME mode for use.



4 Detach any devices from the end of the tracheostomy tube. If possible, have the patient sit in front of a mirror. This will help them better see and manage the adjustments needed, making the process more effective and comfortable.



5 Ask the patient to attach the device to the tracheostomy tube. Allow them sufficient time to adjust to the breathing resistance introduced by the device, ensuring they are comfortable and adapting well to the changes.



6 Instruct the patient to twist the device counterclockwise to activate speaking mode. Assess their voice to ensure it is clear and functional. Evaluate the patient's level of comfort with the device. Confirm that the patient is able to return the valve to HME mode when needed.



7 When the lid is twisted to an open position, the patient breathes both in and out through the HME, saving heat and moisture when breathing out, and giving heat and moisture back when inhaling.



8 When the lid is twisted into a closed position, the membrane in the lid will open when the patient breathes in through the device but will be closed when breathing out. This allows the air flow to be redirected to the upper airway and enables voicing.



9 The one-way valve should be removed during sleep. Replace it with the DigiTop to ensure proper function throughout the night.



10 While using the DigiTop, the patient can still vocalize by closing off the two openings on the device.



11 Document the duration for which the valve was in place, as well as whether the side openings were open or closed, following local guidelines.



### IMPORTANT

The Heat and Moisture Exchanger (HME) should be replaced at least every 24 hours. The one-way valve and DigiTop need to be replaced every 2 months or sooner if necessary.

For additional information and videos, visit [www.atosmedical.com](http://www.atosmedical.com).



### ATTENTION

Unless the patient is actively speaking, the valve should remain set to HME mode. This ensures optimal function and comfort when not engaged in speech.