

Supplies

1. New HME



Perform hand hygiene.



Secure neck flange with one hand. Gently twist and pull to remove HME with the other hand. Discard used HME.



Take clean HME out of packaging.



Secure neck flange with one hand. Gently push and twist to attach HME with the other hand.

Attention

Replace your HME at least every 24 hours or more often as needed.

Tip #1

An HME (Heat and Moisture Exchanger) is a device which has been designed to work in a similar way to your nose by conditioning the air that you breathe. An HME fits on to the end of your tracheostomy tube, and you breathe in and out through it. The HME conditions the air you breathe by keeping it at a good humidity and temperature for your lungs to function properly.

Tip #2

Atos Medical supplies a variety of HMEs that are designed to suit different lifestyles and needs. These HMEs include special features such as the addition of a filter, oxygen connector, suction port, or speaking functions. Consult your healthcare provider to decide which HME is most appropriate for you.

Scan the QR code to watch the instructions as a video



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The information contained in this material does not replace the Instructions for Use. You must see your physician, clinician, or qualified caregiver for advice on your condition and on products that may be appropriate for you. Always read the Instructions For Use (IFU) for guidance before starting to use any product.

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